Viruses...

sirium.net

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I am currently receiving shedloads of the "Lovgate.X" e-mail worm/virus to my sirium address. It is likely that worm gets this address from visitors of this site (and the main sirium site), so I ask that if you have not done so already, please update your anti virus definitions and run a full system scan.

Anti virus software for windows users is an absolute must these days, so if you don't have anything installed to protect your PC, I can almost guarantee that it will be infected. If you are unsure as to which software to use, then the following site may help you:

http://anti-virus-software-review.toptenreviews.com